

KE AN IOGENIC FAC O IN AKING OBJEC I EL C ED CLINICAL E AMINA ION AMONG HEAL HCA E DEN : A EMA IC E IE

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OBJEC I E

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BACKG O ND

- Students often experience a loss of control during OSCEs, frequently leading to increased anxiety.⁴
- OSCEs require an increased amount of preparation compared to other forms of evaluation, such as traditional written examinations.⁵
- Students' perceptions of fairness are an important aspect of OSCEs.⁶

• OSCEs may be anxiogenic, for healthcare students, thus

P PO E

• The purpose of this systematic review is to explore the most commonly reported anxiogenic factors associated with completing OSCEs, through the perceived lived experiences of healthcare students.

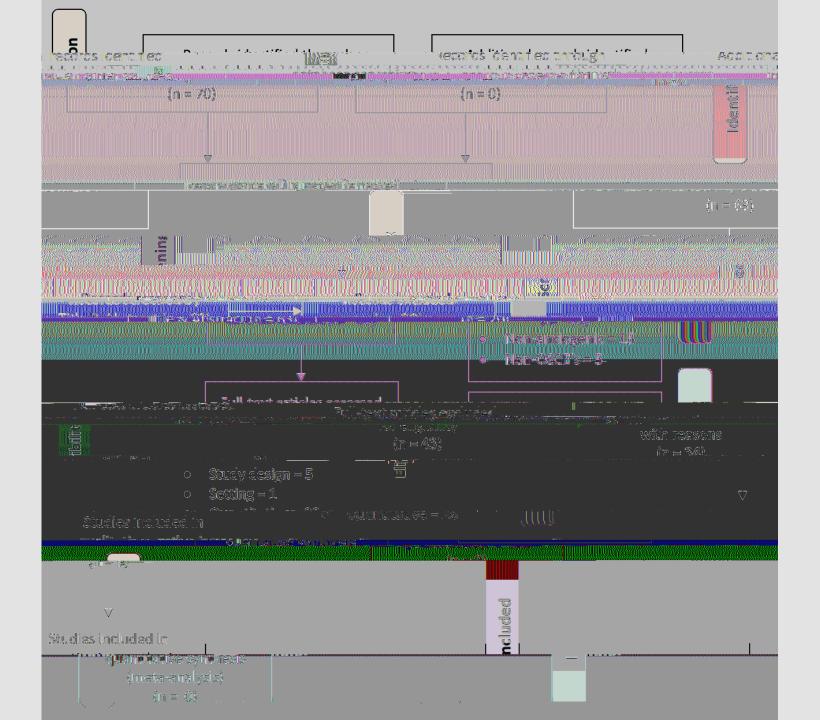
• Qualitative research seeks a deeper understanding of the studies being examined. It usually focuses on the "why" instead of the "what" in research. ¹⁰

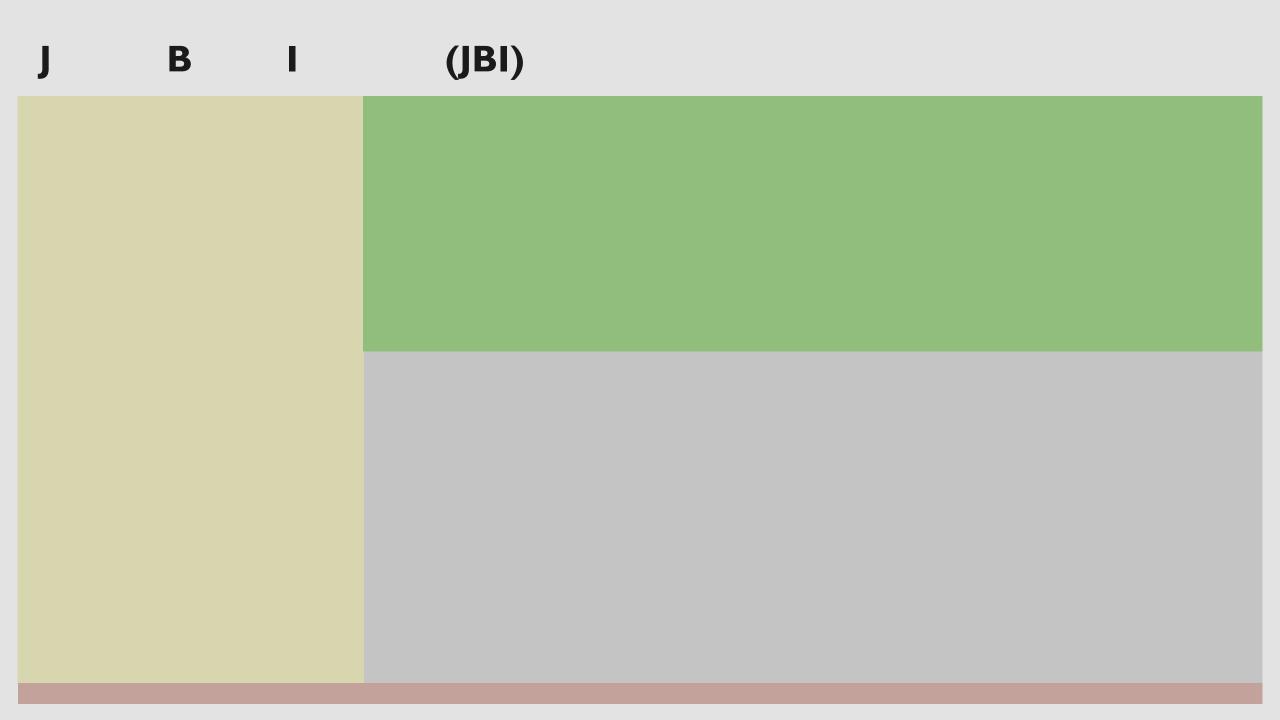
 It is used to gain a more in-depth understanding of human behavior, motivations, Databases: PubMed, CINAHL, NCBI, and ProQuest Central

Search terms: (Anxiety stress motivation psychological

- Included:
 - Healthcare students (18+ years) taking OSCEs
 - Undergraduate studies or graduate studies
 - College or university setting
 - Primary

PRISMA





• Sample sizes ranged from 20 to 730 participants (

• Qualitative methods utilized to evaluate anxiogenic factors included interview questions and surveys using open

• As a result from the extraction of themes, based on saturation within qualitative data, the key anxiogenic factors identified to taking OSCEs in healthcare students included:

- Environment of assessment
- Lack of preparedness

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- Future research should focus on the use of standardized interview protocols or questionnaires to assist with mitigation of the negative effects of anxiety on students' mental health and overall wellbeing.
- Future research should also aim to evaluate the effects of video exemplars and collaborative testing and studying on student anxiety

CLINICAL ELE ANCE

- The results from this study provide helpful feedback on key anxiogenic factors for healthcare students undergoing OSCE assessments.
- The information provided may assist healthcare programs in modifying or adapting to student needs with emphasis on the OSCE testing environment, as this was the most commonly identified anxiogenic theme.

CLINICAL ELE ANCE

- Suggestions to decrease anxiogenic factors in OSCE format include:
 - Uploaded videos for students to study
 - Collaborative study and test design

ACKNO LEDGEMEN

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- P T D



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QUESTIONS?