

# The Impact of Assistive Technology on the Quality of Life of Home-Dwelling Individuals with Parkinson's: *A Scoping Review*

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# Objectives

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By the end of this presentation...

1. *Understand*
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# Background

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# Parkinson's Disease (PD)

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Depletion of dopaminergic neurons in the substantia nigra<sup>1</sup>

More than 6 million people diagnosed with Parkinson's Disease<sup>2</sup>

Median age of onset = 68 years (men) & 70 years (women)<sup>1</sup>

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# Impacts of PD

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## "Cardinal Signs"<sup>3</sup>

remors

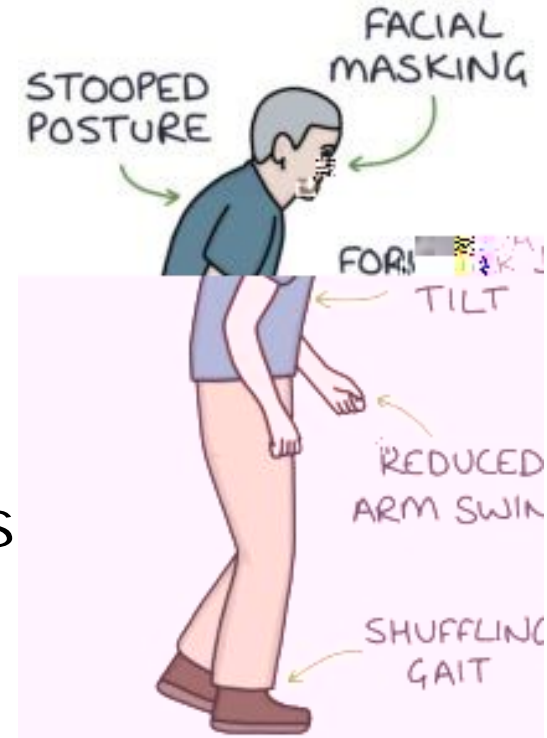
rigidity

kinesia

ostural instability

There is a varied prominence of symptoms progression.<sup>3</sup>

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# Assistive Technologies

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Utilize technology to assist the user and allow them to become as independent as possible.<sup>4</sup>

- Less money to spend on caregivers
- Increased sense of independence and self worth

Can either *assist* or *monitor* the user.<sup>4</sup>

In the home, this creates a supportive environment, enabling an active role in daily life.<sup>1</sup>

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# Purpose

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This scoping review analyzed the impact of assistive technology on QoL of home-dwelling individuals with Parkinson's Disease.



# Methods

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# Databases

ProQuest

Cochrane

PubMed

EBSCO

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# Search Limits

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Published 2012-2022 (all databases)

Peer-Reviewed (ProQuest, EBSCO)

“Anywhere except full text” (ProQuest)

“Title abstract keyword” (Cochrane)



# Selection Criteria

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Home-dwelling people with Parkinson's

Assistive technology used daily at home

QoL outcomes: physical *or* cognitive

Qualitative and/or quantitative

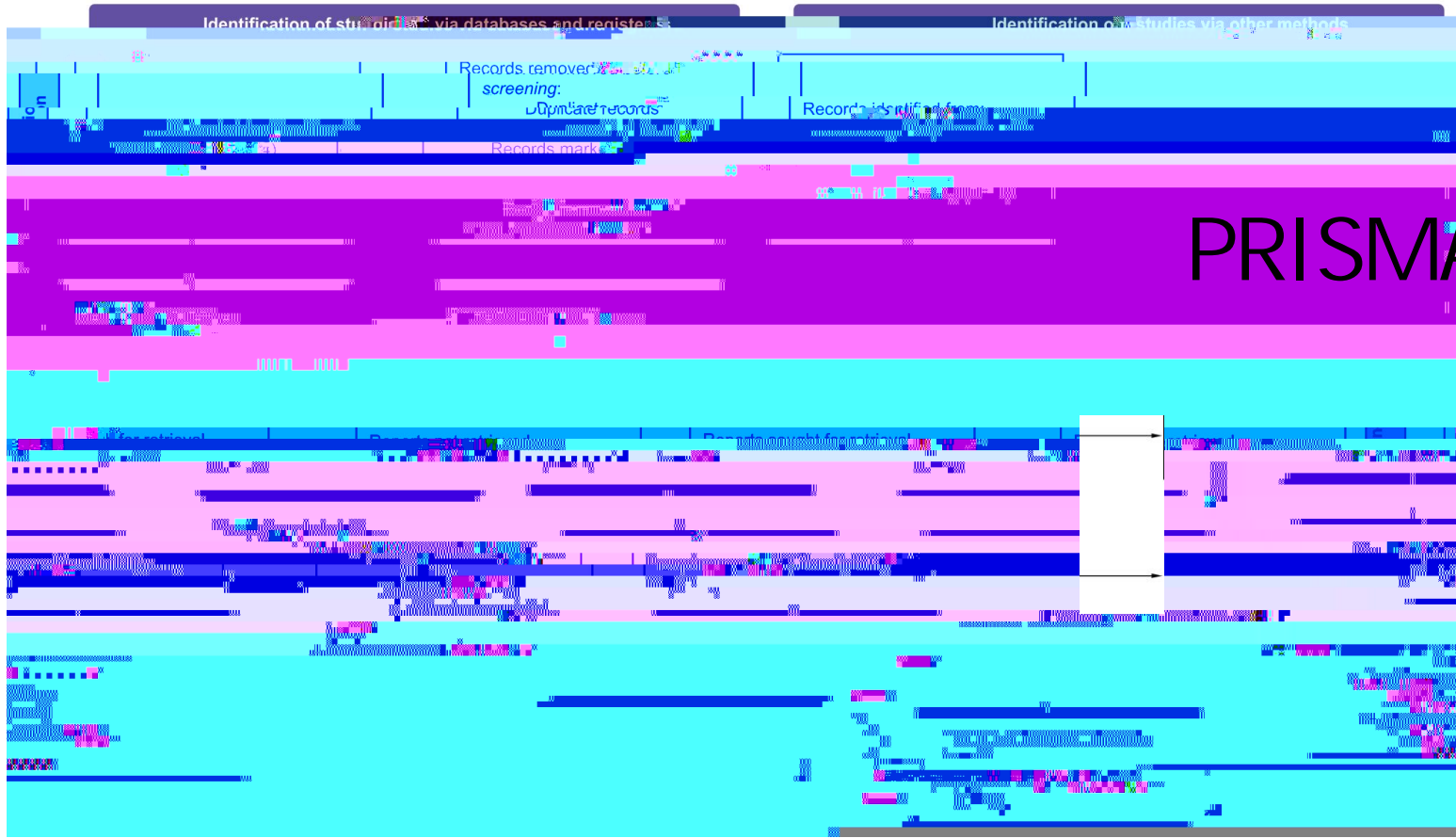
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# Results

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# PRISMA



# Results

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There were 185 articles screened for eligibility.

A total of 6 articles fulfilled all criteria.

- Three reported on home assistive devices<sup>1-2,5</sup>
- Three reported on home monitoring devices<sup>6-8</sup>

Sample Size<sup>1-2,5-8</sup>

- *Range:* 13 - 290 participants
- *Total:* 452 participants



# Methodological Quality

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Each article was assessed for methodological quality by two independent reviewers who came to a consensus.

Mixed Methods Appraisal Tool (MMAT)

Mixed Methods (n = 1)<sup>2</sup>

Quantitative (n = 4)<sup>1,6-8</sup>

Qualitative (n = 1)<sup>5</sup>

Levels ranged from 60% - 100%, with an average of 80%

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# Interventions

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*Frequency* = 1 session - 3x/week<sup>1-2,5-8</sup>

*Duration* = 1 episode - 1 year<sup>1-2,5-8</sup>

## *Protocols*

Survey<sup>2</sup>

Simulated training<sup>1</sup>

Focus groups<sup>5-6</sup>

Patient monitoring<sup>7-8</sup>





# Results: Home Assistive Devices

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Statistically significant increases in QoL with home automation (HA) were found ( $p < 0.001$ ).<sup>1</sup>

Though speech was a reported issue, participants



# Results: Home Monitoring Devices

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Statistically significant improvements with walking were found ( $p=0.02$ ).<sup>8</sup>

79.9% of participants either strongly agreed or agreed that it helped improve mobility.<sup>6</sup>

48% of participants perceived themselves as “safer” or “much safer” with remote patient monitoring.<sup>7</sup>



# Conclusions

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# Conclusions

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*Moderate to strong* evidence supports the use of assistive technology in the home setting to promote the QoL for home-dwelling individuals with Parkinson's.

Home assistive devices (VAT & HA) and home monitoring devices are supported by this evidence.



# Future Research

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There was no consistent device identified by the studies as being ideal for home-dwelling people with PD.



# Limitations

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# Clinical Relevance

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Assistive technology is an option of support for people with Parkinson's struggling at home due to their PD-related symptoms.

Physical therapists should be knowledgeable of these support devices.

- Identify, introduce, and educate patients



# References

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1. Latella D, Grazia Maggio M, Maresca G, Andaloro A, Anchesi S, Pajno V, De Luca R, Di Lorenzo G, Manuli A, Calabro RS. Effects of domotics on cognitive, social and personal functioning in patients with Parkinson's disease: a pilot study. *Assist Technol.* 2021. doi: 10.1080/10400435.2020.1846095
- 2.



# Acknowledgements

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# Questions?

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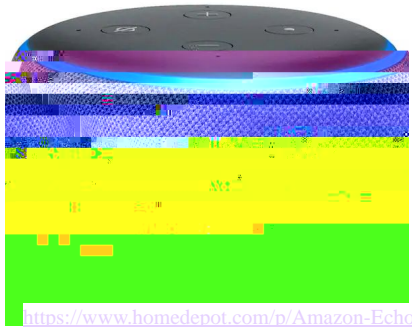
# Appendix

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# Assistive Technologies

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<https://www.homedepot.com/p/Amazon-Echo-Dot-3rd-Gen-Charcoal-Gen-3-B07FZ8S74R/313729506>



<https://www.walmart.com/ip/Google-Home-Smart-Speaker-Google-Assistant-Light-Grey-White/54742302>



